
Amigos de Honduras

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EDITOR'S CORNER

Loren Hintz (Olancho, 1980-82)

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Brenda, Tony and I are slowly taking over all the jobs that Joan used to do for Amigos and completing the appropriate paperwork with NPCA, the bank, post office, Washington Secretary of State, archivist, grant committee etc. The website I created is up and running for Amigos. <https://amigosdehondurasrpcv.weebly.com/> The new website has a place for links to organizations RPCVs support. Send to me info for groups in Honduras you think are worthwhile and I can add them to the webpage. Two I have mentioned before are **CAMO** and **SHI**. Check out the reports of reunions in this issue. Again email me, write me, call me or Facebook me if you have any questions, wish to volunteer, ideas for grants or have articles to share. Facebook: Lorenz Hintz email: ldhintz@bellsouth.net 804 Kings Mill Rd Chapel Hill NC 27517

SECRETARY REPORT

Brenda Sims Crumpacker (Pespire, Choluteca, 1990-1) 509-758-4165 kbc.olympic@gmail.com

My first task as Secretary of Amigos, the printing and mailing of the newsletter, went OK. I have an even deeper appreciation for Joan and Loren after all was done. I hope I've got the address list for people

wanting paper copies up-to-date now. If your name isn't as you'd like it, please let me know. I realize my error on the size of paper needed for the printing and will have it right for this newsletter. Your membership expiration date is still a bit of a sticky wicket for me – making sure I have the correct date as well as getting the label program to allow me to include it. Ah well, experience is indeed the best teacher.

TREASURER REPORT

Anthony Ives (La Ceiba, 2003-5)

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Tony reports that after a long process he was able to open a new Amigos account and the current balance is \$6223.51. We have funds for new grants. Please send proposals to Tony. **Editor note: Remember to send dues and donations to our treasurer, Anthony Ives and National dues to the National office in DC.**

¡MIL GRACIAS A JOAN

LARIMORE! Alan Waugh,
San Pedro Sula (1973-75)

At the 1990 National Peace Corps Association conference in Eugene, Oregon, Joan Larimore who served as a Peace Corps Volunteer in San Francisco del Valle, Ocotepeque 1986-88, looked around and realized that in a sea of tables with signs such

as “Friends of India” and “Friends of Peru,” there was no sign, no table for Honduras RPVCs. She and two friends, **Phyllis Bloch Shelton**, San Juan Puebla, Atlántida 1986-88, and **Marilyn Watts**, Yoro, Yoro 1985-87, committed to organize an RPCV Friends of Honduras group.

Amigos de Honduras began that year, and thanks to Joan's nudging Marilyn Watts edited the new organization's newsletter publishing 18 issues from 1990 to 1995, and in 1995 the group published a printed directory of members.

In 1995, with two of the group's leaders facing personal challenges, Amigos de Honduras fell dormant. But in the fall of 1998, Hurricane Mitch trashed Honduras prompting a number of Honduras RPVCs to e-mail, who else but Joan, asking, what can we do? Once again she was the organizational catalyst, e-mailing a request for volunteers to help revive Amigos.

135 RPVCs responded and several volunteered to take on specific tasks for the group. **Peter Coeey**, Orocuina, Choluteca 1966-68 ~ Sacramento, agreed to publish the newsletter, and **Alan Waugh** agreed to manage the database of Honduras RPVCs. Peter published a quick post-Mitch issue in December 1998

and then one more issue before being diagnosed with cancer. He died in 2003. Alan volunteered to take over editing & publishing the newsletter, and with the contributions of dozens of writers, dispatched 42 issues to members' mailboxes over 12 years.

During all those years Joan did yeoman's work, as founder of the organization, as master communicator with myriad members, as treasurer paying bills and accounting for our funds, and as printer and mailer of our newsletter. She renewed our non-profit corporation status every year.

In 2002 Amigos established the Grants Committee to accept donations from Amigos members who wanted to continue to make a difference in that beleaguered country. As decisions were made to fund this project or that one, Joan ensured the money moved from the Amigos bank account to Honduras to be spent on the approved projects of then-current PCVs.

In October 2013 Joan was awarded **La Orden de Salva Vida** to honor her work as founder and master communicator. Her certificate read, "In deep appreciation for her commitment to the founding of Amigos de Honduras and for many years of passionate support as Secretary/Treasurer for keeping the Honduras RPCV community informed and connected."

Almost 30 years after Joan and friends were inspired in Eugene, all of us reading this newsletter this day owe a deep debt of gratitude to Joan Larimore for the thousands of hours she invested in keeping this

organization alive and keeping all of us connected with a place where she and the rest of us each left a piece of our heart. ¡Mil gracias, Joan!

NEW AMIGOS DE HONDURAS WEBPAGE

<https://amigosdehondurasrpcv.weebly.com/> Please check out the new web page Loren Hintz created. Click all the links and explore. The web site has the forms for applying for Amigos de Honduras Grants. It has a link to the August newsletter with detailed contact information for officers and movers and shakers of Amigos. It contains links to all the old newsletters since 2014. It has a place to share info about RPCV reunions. Please tell me what you think and how to improve it. Gracias.

A HONDURAN BASEBALL PLAYER Alan Waugh, San Pedro Sula (1973-75)

On July 7th 2019 this summer, the Milwaukee Brewers promoted **Mauricio Dubón** from their San Antonio Missions minor league baseball team to the big league squad. He made his MLB debut that day against the Pittsburgh Pirates, grounding out as a pinch-hitter, and in the process became the second Honduran baseball player to make it to our "bigs."

Born in San Pedro Sula in 1994, Dubón caught the eye of a Christian baseball mission group visiting Honduras, and was invited to hone his baseball skills at Capital Christian High School in Sacramento, CA, as a foreign exchange student. A shortstop, he batted .509 combined his junior and senior years in high school, which naturally caught the

eye of MLB scouts. The Boston Red Sox drafted him in the 26th round of the 2013 draft, the 773rd player drafted overall that spring.

Over the next four seasons, Dubón progressed through six minor league teams for the Red Sox. Boston then traded him to the Milwaukee Brewers before the 2016 season. He played for three more minor league teams in the Brewers' system before being called up this summer. Four weeks after his two-game stint with the Brewers, they traded Mauricio to the San Francisco Giants. After a 25-game stint with their minor league team in Sacramento, on August 29th he was penciled in as the San Francisco Giants starter at second base. With his California host family in attendance, Dubón got his first Major League hit. He played 23 more MLB games in August and September for the Giants before the season ended, hitting .274 including 4 homeruns - not bad for a rookie!

The first Honduran to play major league baseball was **Gerald Young**. Born in Tela in 1964, he was primarily a center fielder. He played all or part of eight seasons for the Houston Astros (1987-1992), Colorado Rockies (1993), and St. Louis Cardinals (1994).

Back in the day, very little baseball was played in Honduras. One of the many creative Peace Corps positions created by APCD **Ana Rosa de Ortiz** was to recruit a PCV to be coach of the Honduran men's national baseball team. **Thomas Kettlekamp** answered the call, and coached that team, 1973-75. In 1975 Kettlekamp was hired as a faculty member in PE by Houghton College, Houghton, New York, where he spent most of the rest of his working

career, including coaching the baseball and golf teams. In 2011, Kettelkamp was nominated and inducted into the Honduran National Sports Federation Hall of Honor for his contribution to Honduran sports and his 30-year history of relief and development initiatives in the country. In 2012 he was granted a Fulbright to research and study in Bolivia

RECIPES: HUDUTU AND RESANBINSI Patti Soderberg, Santa Rosa de Copan, Omoa, Puerto Cortes (1974-76)

Sometime after the 2013 Reunion in Denver/Estes Park, I was reading a cookbook. (I am a retired Children's Librarian, so I read a lot of books.) At the end of the book, I discovered 2 recetas de la Comunidad de la Garifuna en Honduras. It was a pleasant surprise and, at the time, I thought this could be an article for the Amigos newsletter. But, that didn't happen until very recently when Loren asked me when the article would be ready for the upcoming November issue.

I'm sure the volunteers who served in Trujillo and Tela and Garifuna communities nearby know these recetas, having prepared those several/many times. Or, had a favorite restaurant or a neighbor, etc. where they could enjoy both of these recetas. I served on the west coast of Honduras in Omoa and Puerto Cortes and the food from the Moreno community there was a bit different . . . they had pan de coco and a squash/pump kin cake, which was more like a bread pudding, sopa de marisco, etc. There were a couple of restaurants in Cortes that served sopa de marisco. But, not as good as the sopa served at Cesar's Mariscos in Tela. (Ask Maggie McQuaid for the receta.) Below are the 2 recetas for Hudutu and Resanbinsi that were

in the back of that cook book. Disfrutenlas!!

HUDUTU Yield: serves 4-6
*****Garifuna cooks make a starchy plantain mash akin to African fufu and serve it with this basil- and cilantro-laced stew.**

Ingredients:

2 lb. skin-on kingfish or swordfish filets
 Kosher salt and freshly ground black pepper, to taste
 ¼ cup fresh lime juice
 2 tsp. ground cumin
 5 cloves garlic, minced
 ½ small yellow onion, minced
 6 green plantains, plus 2 ripe plantains, peeled and cut into 2" pieces
 7 cups coconut milk
 ½ tsp. ground annatto seed
 6 sprigs cilantro, chopped
 4 large basil leaves, chopped

Instructions: Season fish with salt and pepper and place in a large re-sealable plastic bag; add juice, 1 tsp. cumin, and garlic, and toss to combine. Seal bag, and let marinate in the refrigerator for at least 1 hour.

Place all plantains in a 6-qt. saucepan of salted water; bring to a boil over high heat. Reduce heat to medium-low; cook until tender, about 12 minutes. Drain; transfer to a food processor. Season with salt and pepper; puree until smooth, about 5 minutes. Transfer to a bowl and keep warm.

Bring coconut milk and 1 cup water to a boil in a 6-qt. saucepan over high heat. Reduce heat to medium, add remaining cumin, annatto, cilantro, basil, and onion; cook until onions are soft, about 10 minutes. Add fish along with marinade; cook until fish

is tender, about 8 minutes. Ladle soup into bowls and serve alongside plantain mixture.

***This recipe first appeared in our November 2012 issue (Saveur magazine) along with Betsy Andrews's story [Cassava Nation](#).

RESANBINSI Yield: serves 8-10.
Coconut milk is an essential ingredient in many Garifuna dishes, including this creamy take on rice and beans.

Ingredients:

¼ cup canola oil
 5 cloves garlic, minced
 1 small onion, minced
 1 rib celery, minced
 ½ small red bell pepper, minced
 2 ½ cups long-grain white rice
 1 ½ tsp. ground cumin
 1 tsp. freshly ground black pepper
 1 tsp. sugar
 3 ½ cups coconut milk
 2 cups chicken stock
 2 (15-oz.) cans small dark red kidney beans or pinto beans, rinsed and drained

2 sprigs cilantro or cilantro, chopped

Kosher salt, to taste

Instructions: -Heat oil in a 6-qt. saucepan over medium-high heat
 -Add garlic, onion, celery, and bell pepper; cook until soft, about 10 minutes
 -Add rice, cumin, black pepper, and sugar; cook for 1 minute
 -Add coconut milk and stock; boil. Reduce heat to medium-low
 -Add beans (I prefer pintos) and cilantro, and season with salt
 -Cook covered and stirring occasionally, until rice is tender, about 30 minutes.

THE STORIES WE COULD TELL Maggie McQuaid (Pespire 1976-78)

Around 65 of us gathered in Cottonwood, Arizona over the long weekend of October 17th through the 21st. Our reunions of old Volunteers who'd been in country from roughly 1975 through 1980 have been occurring sporadically since 2002, when **Dave Lombardo** and **Al Merkel** organized our first in Las Vegas. In the following 17 years, we'd have small-group reunions in Nashville, Tucson, Denver, and Fernandina Beach, intermingled with larger events in Washington DC, New Orleans, and Lake Tahoe. Our Cottonwood reunion was once again a small group event; we all knew each other from past reunions, and most of us had actually served in Honduras at the same time. We were joined at this event by **Frank and Antoinette Almaguer**. Frank was Country Director in the last part of the 1970's, went on to a career with the State Department and served as US Ambassador to Honduras, before retiring and becoming a member of the Board of Directors of the International Agricultural School at Zamorano.. Frank and Antoinette's grace, humor, and wisdom continue to make them valued and much-loved companions in these events.

Cottonwood is a small, remote town in north-central Arizona. My husband Jeff and I organized the reunion, and were initially worried that the town might be a little *too* small, too remote (the nearest airport is a 90-minute drive away) in which to host an event drawing people from around the country and as far

away as Puerto Rico. But everyone seemed happy to make the trip, and we were happy to see them.

We were able to stage the whole thing at the Iron Horse Inn, in old-town Cottonwood. The Iron Horse is an old motor court dating from the 1940's extensively refurbished. It sits in the heart of Cottonwood, surrounded by high-end wine-tasting rooms and some very good restaurants. The hotel's sheltered, Spanish-style courtyard proved an ideal place to gather, and most folks spent their time simply hanging out and visiting. The coziness of the setting and the close presence of good places to eat and drink made this an intimate, relaxed event, an *easy* event, as one guest noted.

Cottonwood is in the heart of the Verde Valley, one of the most scenic parts of Arizona. The cottonwoods and sycamores along the Verde River were in full fall color, and the warm days and cool evenings made October a perfect time to visit. After an initial group dinner at a modest and friendly Mexican restaurant near the hotel on Thursday night, folks returned to the courtyard for visiting until the late hours. Friday, the following day, saw us off on a number of excursions around the area. **Mel and Tessie Seigil** and their son Augie, a police officer in the nearby town of Prescott, led one group on a day hike up the beautiful West Fork of Oak Creek Canyon, one of the best hikes in the state. **Mark Sensibaugh**, recently retired from the Coconino National Forest which borders us to the north, led a small and intrepid band up and down the cliffs and canyons of the Secret Mountain Wilderness, located in the red rocks which form the

escarpment of the Colorado Plateau, a hike none of the participants are likely to forget. Jeff and I led a car caravan up to the top of Mingus Mountain to the south, through the ponderosa pine forest to the summit at 8,000 feet, where we visited a stunning overlook that offers a view of much of northern Arizona. On the return, several folks lingered in the old ghost town of Jerome, where **Paul Dulin and Jerry Touvall** unsuccessfully tried cadging free drinks at "Paul and Jerry's Saloon". Other folks followed us back down to the valley where Jeff and I led a tour of Tuzigoot National Monument, and re-enacted our weekly volunteer roles of enhancing visitor experience. We were pleased that so many folks "got" the vibe at Tuzigoot, a 100-room hilltop pueblo site which was inhabited from the 9th through the 13th centuries and is one of our cultural jewels. Quiet dinners and more visiting filled up the Friday night, with the courtyard again welcoming late night visitors. On Saturday, Jeff and I again led a caravan across the valley to the Montezuma Castle and Montezuma Well National Monuments. Jeff and I visit these sites frequently, and I think we tend to forget how visually striking and compelling they are. Hearing the visible gasps of awe at the first sight of the Castle, a beautifully-preserved cliff dwelling was gratifying. The Well, a natural, spring-fed limestone *cenote*, is a sacred site to the Hopi, Zuni, and Yavapai people, and our guests recognized its special atmosphere right away. Everyone knew they were in a holy place, and the unique beauty caught everyone up. We returned to Cottonwood to rest and don our best western wear for dinner that night at the Blazin' M Ranch Chuckwagon

Dinner and Western Show.

Jeff and I agonized over where to stage our big group dinner. The Blazin' M was the only place in town that could accommodate our big dinner group, and we worried that the meat-heavy menu and admittedly cornball cowboy show might have been a little much for our visitors. We needn't have worried. People turned out in their best western wear indeed, with old **Duke Klein** showing up in his spurs, chaps, and one of his prize rodeo buckles. He won our prize for best-dressed cowboy, while Chuck Hagerdorn's beautiful wife Marsha, herself a real New Mexico ranch girl won the prize for best-dressed cowgirl, a true sweetheart of the rodeo. People loved the food, and the cowboy show with its corny jokes and great cowboy band was a hit.

Sunday morning marked a very special event. **Ken Roberson**, once a volunteer in the education sector, and now a practicing psychologist in San Francisco, contacted me early and asked if we could offer some quiet time for a group discussion on how the Peace Corps affected our lives. As Jeff and I would be busy setting up the day's picnic event, I asked Ken to take the lead in putting the event together. Stopping in briefly at the hotel that morning, I was amazed to find the courtyard full of people talking and listening. Ken did a beautiful job of facilitating a group discussion of a life-changing, life enhancing event we all shared, a discussion we all needed to have and yet had never shared before. **Thank you, Ken.** Our last official event was a picnic at nearby Dead Horse Ranch State Park, a beautiful riparian area

adjoining Cottonwood. We hung out, played music, ate, and just enjoyed one another's company. Musicians Ed Fischer, Brant Miller, Cheri Damschroder, Chris Garrison, and Jerry Touvall, who started playing at Peace Corps events back when we were all in country, and who have continued to thrill us at later reunions, all came with their instruments and enthralled us all over again. It was a lovely, gentle afternoon of good friends and good music, something that we've gotten good at, as it turns out. One of the songs was an old one written in the 60's by John Sebastian:

"If you're on the road, traveling round most every night,
Playing for a living 'neath the brightly colored lights.
If you ever wonder why we ride the carousel,
We do it for the stories we could tell.
Oh, the stories we could tell.
If it all blows up and goes to hell.
I wish that we could sit upon a bed in some hotel,
And listen to the stories we could tell.

For a few days in October, more than 40 years after we all met, we got to do just that. And oh, the stories we can tell. With thanks and love to everyone, I remain your pal, Maggie.



HONDURAN UPDATE

Anthony Ives (La Ceiba, 2003-5)

Oct. 2019 I flew into San Pedro Sula for a quick flyby. As usual, the line for entry in the airport has not changed; it still takes a while. Also, the heat was oppressive, even in the airport. The airport does have Wi-Fi now so at least one could use the Internet while waiting. Fortunately, friends arrived to pick me up. We were heading to La Ceiba for the night. I was going to do a turnaround and drive to Marcala, La Paz the next day. That being said, I was meeting my friend Grant in Ceiba. Grant is from the Bay Area and had never travelled to Honduras. It was going to be a logistical nightmare to find each other. As the connecting flight was missed, we managed to get him a busito to drive directly to La Ceiba.

I must say, it is always nice to be back in Honduras. No matter what one hears in the U.S. papers, I have always found Honduras welcoming and its people warm and wonderful. It is also confusing in many ways. On the way to Ceiba, we stopped in Tela for lunch at the Hotel Sherwood. Mr. Sherwood was still there, Padrina as well. Tela has changed quite a bit, though much of it was still the same. There are new hotels and restaurants. There is a great new *muelle* (dock) that is wonderful to behold. The beaches are wide and clean. There is tourism agency that will take you to the local parks and for quick boat rides out into the ocean. The Garifuna from the communities Triunfo de la Cruz were selling items to tourists, including *pan de coco*, the wonderful bread made on the coast. With my friends, it was wonderful. On to Ceiba.

The heat was tremendous. It was hot and humid, as usual in La Ceiba. But I came as a visitor, not as someone who had lived there and was accustomed to the climate. La Ceiba has also changed but not for the better. La Zona Viva is essentially run down and not safe. The farmers market is still there. The roads are slightly better at least in town. There is a Walmart, which explains the brand new road leading to the store. I stayed downtown at the Hotel Gran Paris. It is a place I have never stayed but it has existed forever. The local government has eliminated the trees in the Parque Central and replaced it with cement and benches. There was no shade and no place to hide from the oppressive sun. Another good idea from the government!

I found Grant. We went to meet friends and family at the restaurant Al Coral. My friend Jorge runs it and reserved the back room. I arrived at 7:15. Much to my surprise, the room was full with 25 folks including kids and everyone was seated waiting for me. So much for *tiempo hondureño*. Everyone laughed at that. I suppose that was something else that had changed! It was a great night and lots of memories were shared. Some of the kids I have seen grow up and are now about to attend college.

Next day, my friend Adoni came for us and we headed out to Marcala to visit the coffee cooperative COMSA (www.comsa.hn). Adoni was a marine biologist in Cayos Cochinos and my best friend. For him to come with us to Marcala was the only way for us to pass time together. But as a biologist, he was in for a real treat. I will skip the normal things that always seem to happen in the

country, potholes, the SUV breaking down, etc. The best things were the people that we met because of the adventure. We were in Jesus de Otoro in the municipality of Intibuca. The axle had broken due to a pothole. We found a taller (mechanic). The workers were trying to fix it when it started raining, torrential rain that I had not seen in a while. So we stayed under the tin roof and talked. The two young guys were thinking of heading north. I engaged them. We were laughing and we were all telling stories within minutes. Life is tough in Honduras. I asked them how they would do it. They explained they would walk, then get the train, La Bestia. It is a dangerous route. I told them it would not be easy and all governments were trying to appease the US by preventing migration. They were willing to risk everything to get to the US; they have relatives there. At the end, I said "*Buena suerte y bienvenidos*". That got a good laugh. I do wish them luck.

Marcala was great! The experimental farm La Fortaleza is wonderful. The operation was quiet since the *cosecha* (coffee picking) had not started yet. But the two schools were in operation and I saw more of the farm than ever before. It was a great trip. The purpose was to finish writing a proposal to USAID. It has not been completed yet but it is closer than before. COMSA has accomplished much and it was great to return. The *baleadas* were perfect, the *sopa de caracol* was wonderful, the *pupusas* in Marcala were totally fattening, and the *tejas* were crispy. All in all, the trip was wonderful and full of adventure, which is exactly what you would expect in Honduras.

RPCV REUNIONS AND MOVIES

Gail Gall (1969-71) shared that **Group XV recently celebrated their 50th Reunion.** Gail is currently doing oral histories for archiving at the JFK Library Peace Corps section. She is especially interested in conducting interviews with Honduras RPCV, especially nurses. Please contact her at Gmbgall@gmail.com

Terri Salus reported that because of the California wildfires (only 5% controlled), **Peggy Goebel** has had to evacuate her home in Windsor, CA. She, along with her adult son, are in a shelter where she is in charge of 1,200 evacuees (she could have easily gone to her daughter's huge house in Sacramento, but as an RPCV, nurse Peggy had to stay in Windsor to help others. Needless to say, we will need to wait until Peggy safely returns home before we can send out **PC Honduras Reunion Sonoma, CA August 2020** info.

Loren Hintz and Terri Salus reported after seeing *A Towering Task--The Story of the Peace Corps* the following RPCVs and Staff from Honduras were featured: Jerry Bauer (narrator), **Tom Camero** (Engineer with The Big Group, 1978-80), **Tessie Siegel** (nurse, 1975-76), **Arlene Goldberg-Gist** (1974-76), **Jersy ?Garcia**, 1984; **Kathy Bartlett** 1984, **Kevin Rogers** (1983-85), **Tim Will** (1977-79); **Alli No Mas**; in credits **Ron Savage** (transfer Guatemala 1981), **Annette and Frank Almaguer**. After you see the documentary for yourself please share any additional names or information.

HONDURAN NEWS
HCH 10.31.19 Five Hondurans have won first place in a Robotics Competition in Dubai. **ILAM Oct.**

2019 The Honduran Anthropology and History Institute (IAHA) received 1008 archeological and religious objects that had been removed illegally from Honduras over the last ten years. Fifty of the recovered objects are now on display in Tegucigalpa. Surprisingly 200 of the objects were found in Ohio. **(Ed. Note: my home state.)**

Reuters 10.16.19 The Trump administration announced that Honduras, El Salvador and Guatemala would receive some economic aid (\$143million) after all aid had been cut off because of migration from the “northern triangle” to the US. After being threatened with the cut off of aid and tariffs, Honduras and other nations signed “**safe haven in third country**” for amnesty seekers. For example **9.21.19 Washington Post** reported an accord Friday that will allow the United States to divert asylum seekers from the U.S. border to El Salvador, pushing migrants into one of the most dangerous countries in the world. The deal between the two governments is the latest measure aimed at creating new layers of deterrents to the influx of migrants applying for protection on U.S. soil. On a different note, Federal Courts in the US have ruled the Trump administration cannot end TPS (**Temporary Protected Status**) for Hondurans and other Central Americans and thus the hundreds of thousands of refugees will not be sent back this year.

BBC 10.29.19 Magdaleno Meza Funez was murdered in a Honduran maximum security prison by smuggled knives and guns. He was an alleged associate of the Tony Hernandez who was recently convicted in New York. **AP 10.18.19 Juan Antonio Hernandez** former Honduran Congressman of the Nationalista Party and brother to the

twice elected current President Juan Orlando Hernandez was convicted today in New York City of a massive drug conspiracy. In a closing argument Wednesday, Assistant U.S. Attorney Emil Bove said the drug conspiracy was already over six years old in 2010 (the year after the coup that removed Liberal President Zelaya) when Tony Hernández and his associates gained control of the government to protect drug traffickers aligned with the country's National Party. "That is state-sponsored drug trafficking. And with that level of power and control the defendant was virtually untouchable," he said. "The results of that are astonishing. "He described a scheme that began with monthly "massive cocaine shipments" to the U.S. beginning in 2010 and said the Honduran president used the military to protect drug turf. He accused Tony Hernández of using the national police to kill a rival and said that the "ringleader" in that murder was then promoted to become chief of the force. **Catholic News Service 10.16.19 The Honduran bishops'** conference said narcotics trafficking has permeated the Central American country's institutions and accused politicians of colluding with organized crime. "With deep pain we confirm how 'the scourge of narcotics trafficking,' as Pope Francis has called it ... is a reality, which has permeated our country's institutions and, as a consequence, has caused an accelerated deterioration of our nation's image," the Oct. 11 statement said. "Nothing of what narcotics trafficking has gained in our country could have been done without the collusion of government bodies, which, by reason of being, are called to defend life and provide security to everyone," the statement continued. **Uruguaytitulares.com.9.5.19** The former **First Lady Rosa Elena**

Bonilla de Lobo was convicted of fraud and misappropriation of funds for stealing \$480,000 of government funds while her husband was president (2010-14). She was sentenced to 58 years in prison.

Good News: Emerging opportunities for sustainability. Growing up in Tegucigalpa, Honduras' capital city, Diana Cáliz always enjoyed helping others. As she grew up, she recognized that engineering would offer her the career and opportunity to help the masses. And that's exactly what she did. After studying at the Autonomous University of Honduras in a majority male-dominated field, Diana became a civil engineer and embarked on her dream of serving others. In 2008 there was a call from the mayor's office for a civil engineer to construct a water treatment plant in the city. The first of its kind. Diana was selected for the project and that is where she met Fred Stottlemeyer, a Pennsylvania man who also lived a life dedicated to the service of others. With Fred she started ADEC to help rural communities. ADEC (Agua y Desarrollo Comunitario/ Water and Community Development) organization would become one of the premier clean water providers in the Honduras, focusing on rural communities often forgotten and left behind. The staff grew to nine employees, a state-of-the-art water testing lab, and a team of circuit riders who routinely revisit communities to ensure sustainable, long-term success of projects. After years of ardent service to the cause, Diana's close friend and coworker, Fred, passed away. EOS stepped in to continue and expand upon the mission and impact the two had set out to accomplish those eleven years ago. <https://eosinternational.org/>

Amigos de Honduras Membership Info

Use this form to renew membership or notify us of a change in address. Or, copy and give to a friend whom you think might like to keep in touch with Honduras and RPCVs. Other than your name, enter only the info that has changed.

Name(s) _____

Address _____

City _____

State _____ ZIP _____

Phone: _____ e-mail address _____

Peace Corps Info:

Years of service: from _____ to _____ Group # _____ Site(s) _____

Job _____

Post-Peace Corps Experiences (occupation, marriage, children, travels, interests) _____

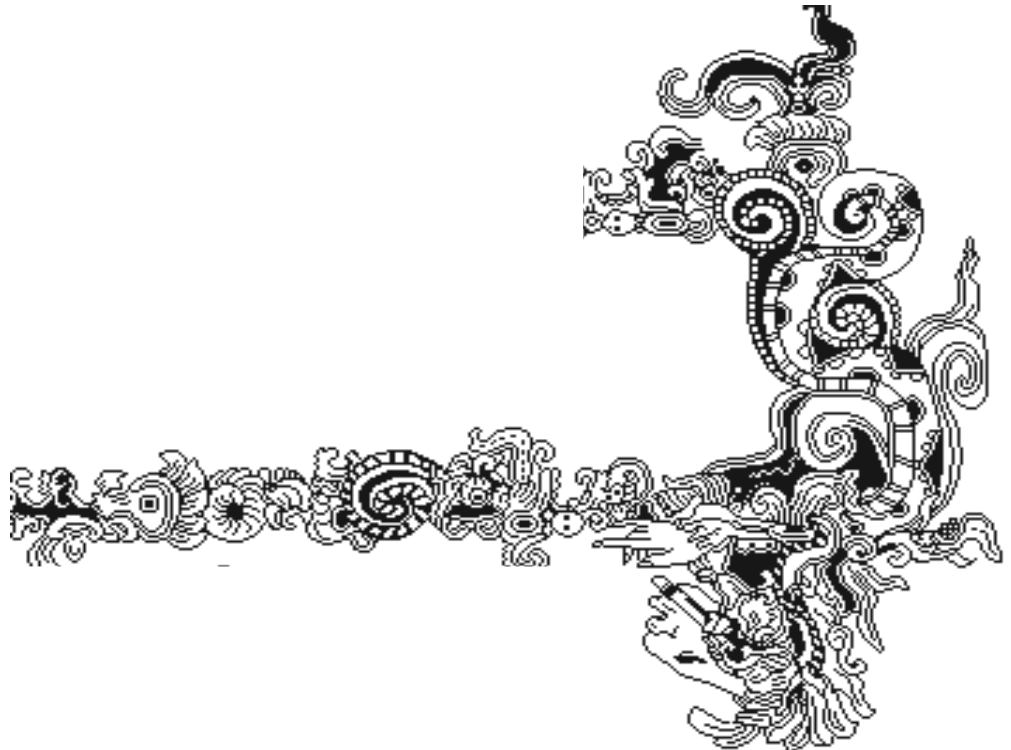
Make check payable to Amigos de Honduras: Mail to Anthony Ives PO Box 448, Lake Bay, WA 98349

11-19

Amigos de Honduras :	\$15 <input type="checkbox"/>
NPCA Supporter (Basic FREE):	\$50 <input type="checkbox"/>
Amigos, NPCA & another group:name of other group	\$30 <input type="checkbox"/>
5 year member ship Amigos: \$50 _____	
Contribution to projects Amigos will fund in Honduras: \$ _____	
Total Amount Enclosed: _____	

I would prefer to receive my newsletter in .pdf format.

Aviso: the date on the mailing label is the expiration date of your membership - please renew if you're due!



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