
Amigos de Honduras

Vol. XXVIII, No. 1

February 2021

EDITOR'S CORNER

Loren Hintz (Olancho, 1980-82)

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This issue has some great news about a project Amigos helped fund, reports from RPCVs about Hurricane relief, a book review about Berta Caceras, and a Honduran Butterfly Book by Robert Gallardo. I have to admit after seeing the occupation of the US Capital on Jan. 6 and the National Guard soldiers in DC for the inauguration it brought back memories. I was in El Salvador October 1979 when there was a golpe de estado. I had to go to the capital to the Peace Corps office because I was very sick. That night in San Salvador I could hear gunfire coming from an attack on a military fort near the family where I was staying. Then in Honduras I always noticed the armed soldiers patrolling the streets. Sometimes they would stop a bus. And all of us males would have to get off and be frisked. I am glad we had a peaceful ending here. **Happy New Year y Dia de Amantes.** Please look at <https://amigosdehondurasrpcv.weebly.com/>. The web site has the forms for applying for Amigos de Honduras Grants. It contains links to all the old newsletters since 2014.

TREASURER REPORT

Anthony Ives (La Ceiba, 2003-5)

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As of the close December 31, 2020, the ending balance of the Amigos de Honduras account was \$5800.95. Beginning balance:
10/31/2020 \$8722.70* Current Balance: 01/15/2021 \$6,321.95

* Payment of \$700 was made month December 2020 for past National Peace Corps Association donations by members of Amigos de Honduras. Two grants were awarded: Centro San Yves, an orphanage in Yoro, Yoro received a grant of \$950; (**See separate article about project.**) A community garden project located outside of La Ceiba, Atlantida received a grant of \$1500. International wire transfer fees totaled \$90.

Editor note: Remember to send dues and donations to our treasurer, Anthony Ives and National dues or donations to the National office in DC.

SECRETARY REPORT Brenda Sims Crumacker (Pespire, Choluteca, 1990-1) 509-758-4165
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Thanks to all of you who have paid your membership dues. My records show we currently have 127 members receiving paper copies of

their newsletters and 46 members receiving theirs by email for a total of 173 members. If you are behind in your membership for 2 years unfortunately we will not be sending you a newsletter. If you wish to change how you receive your newsletter please let me know. Just a reminder that your membership dues are \$15.00 per year or \$50.00 for 5 years. Your membership entitles you to a subscription of our Amigos de Honduras newsletter that is printed February, May, August and November. The back page of the newsletter, Membership Info, is how you can keep us updated with your pertinent information. We love to hear from you!

Just a reminder: if you get your newsletter in a paper copy you can always check your membership due date by looking at your mailing label. Thank you to members who send me notes to correct their expiration dates. **IMPORTANT NOTE:** We are hearing from some of you that you sent your membership dues to NPCA, your check was cashed but your expiration date is incorrect on your newsletter. NPCA usually sends us notification if you sent your dues to them and we then update our records. That said, I have heard from more than a couple of you where that hasn't been the case. It would help us tremendously if you sent your checks to Tony Ives. He

sends me a copy, I update my spreadsheet and everyone is happy.

Last year we gave grants to CAMO Covid Health, La Ceiba Garden and Yoro Water Projects. Remember the web site has the grant forms. Send proposals to Anthony Ives. Thanks to donors to the Amigos Grant Fund over the past 3rd and 4th quarter for a total of \$1075. **Keith Crane, Arlene Goldberg Gist, Kevin Kuschel, Steve Moulds, Arturo Acosta, N. Toni Martinez, Matthew & Sandra Holzapfel, Diane McCormack, Joseph Zingsheim, Douglas Grove, Ann Jimerson, Suzanne Mills, Clyde Morris.**

RPCV HURRICANE RELIEF PROJECTS (compiled by Loren Hintz)

Last issue I shared the names of a number of organizations that were providing assistance to Honduras. A few volunteers shared with me what they had done recently:

Here is a NGO working right now in the Mosquitia. **Steve Rice:** 1973-76 works as the volunteer treasurer for International Health Service of Minnesota (I.H.S.). We are a 501(c)(3) nonprofit 100% volunteer organization that provides direct health, dental, surgical and eye care services in Honduras. We work primarily in the Gracias a Dios region where the 2 hurricanes recently landed. To date I.H.S. has sent down \$9,000 down to help food distribution and reroofing of schools and clinics. Our web site is www.ihsmn.org

International Health Service is an all-volunteer organization that provides medical and dental care to

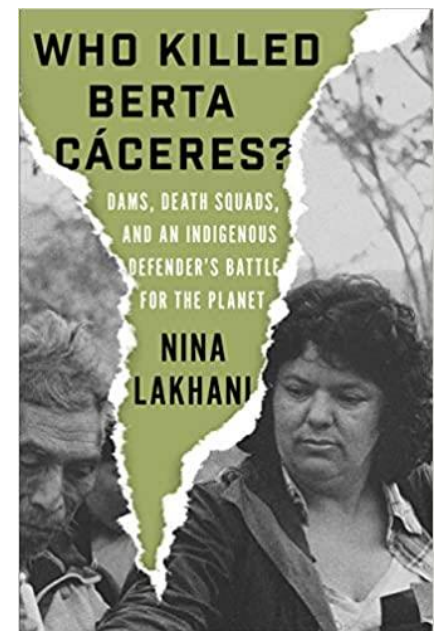
the impoverished people of Honduras. Each February approximately 100 people from all over the world head out on teams to various regions of Honduras and spend two weeks helping the people. Each October one team heads out to a remote location in Honduras to provide care. GOALS: 1. Improve quality of life among people of Central America. 2. Complement existing resources with technology, skills and energy. 3. Respect the culture of those whose lives it touches. 4. Foster international understanding and mutual respect. IHS can be reached at contact@ihsmn.org or International Health Service; 3500 Vicksburg Ln N, PMB 405; Plymouth, MN 55447

Andrew Gaertner: I am a RPCV who served in Comayagua from 93-96. Since 2002, I have facilitated the relationship between a coffee growing cooperative on the Comayagua Mountain and a non-profit in Wisconsin where I live called Farmer to Farmer. Farmer to Farmer buys coffee at above fair trade prices and also supports community projects for the cooperative. When the first hurricane hit, there were many landslides in the coffee growing community of San Jose de las Moras, which is above the city of Comayagua. Three of the co-op's families live there and they were all forced to evacuate. Most farms in Las Moras lost land to landslides and many houses are either destroyed, damaged, or too dangerous to return to. Farmer to Farmer raised and sent down \$500 to each of the three co-op families affected by the hurricanes. They are all back in their homes now.

Sherry Thorn (Tegucigalpa): Hi. Helped with Descubre Honduras, Entdecke Honduras from Switzerland to get building materials

to Brus Laguna. This was coordinated by biologist Monica Pérez.

Robert Gallardo (Lake Yojoa): Been a tough year all around. If we're lucky things will return to normal. Two years with no tours is rough!! Together with another foundation we will be helping some people in a community rebuild some of their homes. There was a massive landslide that wiped out some 40+ homes and killed some 7 people.



BOOK REVIEW: WHO KILLED BERTA CACERES? Patti Soderberg (Santa Rosa de Copan, Omoa, Puerto Cortes; 1974-76)

Who Killed Berta Cáceres? Dams, Death Squads, and an Indigenous Defender's Battle for the Planet by Nina Lakhani published in 2020. I liked this book. Berta Cáceres was an amazing person. She was born and raised in La Esperanza, Intibuca province, Honduras. Her heritage was Lenca. She had foresight and passion. She was brave. She was a beautiful woman. She was intelligent and quick. She was inspired by early

experiences with her mother, Doña Augustina Caceres Flores. Those included trips via foot to near-by refugee camps to help Salvadorian women with their labor and delivery, learning about her heritage and practices, and her education at home and in school. She told others that most influential life experience was fighting alongside her boyfriend/father of her children in El Salvador with the FMNL during that brutal civil war, 1979 to 1992.

Her observations of how faulty the government was in their treatment of the environment, especially the river Gualcarque, sacred to the Lenca. She also observed the importance of forming alliances and friendships. In her early teens, she formed the group COPINH, the Council of Popular and Indigenous Organizations. This group spoke out for the rights of the Indigenous and Farmers-Campesinos. She worked with Labor Groups. She called out corruption, human rights violations, and why there was a “need” to build the Agua Zarca dam that would destroy the land of the Lencas, of the farmers-campesinos. The government and DESA promised them “prime” farming land in La Mosquitia. They didn’t want to leave their home for a “better opportunity”. Some were forced to go. And when they came back, they had stories of hardships, little money and food, no farming equipment or land. This deal was a bust.

Berta’s power and popularity as an environmental activist was growing. She was asked to speak at national rallies, at conferences in the US and Europe. She gave interviews. She was constantly telling the world about the corruption in Honduras, in government and business. She was jailed along with her friend and

Garifuna leader, Miriam Miranda. Berta’s constant vigilance and that of her friends, family, associates and other activists became a thorn in the side of DESA, Desarrollos Energéticos SA, and its leader David Castillo, his associates and minions. Her name was placed on a hit list. At first she didn’t care, but as the threats increased, and her friends and associates were murdered, Berta knew her time was limited. She told a limited number of people of these threats. To one daughter, she gave the most succinct scenario of her future.

And, then on the night of the 3rd of March 2016, she was shot to death in her home in La Esperanza. I didn’t like the book at first because Berta dies within the first 10 pages. But as the author chronicles the investigations into Berta’s death, I kept reading. I do recommend this book. Because we all served in Honduras, there will be parts familiar and new. Berta stood on the shoulders of giants, specifically Jeanette Kawas the environmental activist who was murdered in 1995, for her activities to keep palm plantations out of the National Park of Punta Sal located on the northern Caribbean coast in the department of Atlantida, and near her hometown of Tela. Along with cattle ranchers, resort developers and loggers. Carlos Escaleras and Carlos Luna were like minded activists who were murdered after speaking their minds regarding the environmental treachery in and around Tela.

Nina Lakhani, the author of **Who Killed Berta Caceres? Dams, Death Squads, and an indigenous defender’s battle for the planet**, has reported from over a dozen countries, including seven years’ freelancing in Central America and Mexico. She has been on the staff at the Independent and the

Independent on Sunday in London. Before turning to journalism, she was a mental health nurse. She is currently the Environmental Justice Correspondent for the Guardian US based in New York.

Editor note, unfortunately deaths continue: Defensoresenlinea.com 12.26.20 reported that environmentalist and indigenous leader **Félix Vásquez, 70**, was murdered in his home in Ocotal, La Paz, by four hooded and masked men. He had received death threats earlier in the year. He was Secretary General of Union of Rural Workers (UTC) in La Paz. He also defended from land grabs, the Natural Reserve “El Jilguero.”

CONSERVATION EMPOWERED BY THE PUBLICATION OF NATURAL HISTORY BOOKS IN HONDURAS

Robert Gallardo (1993-6, La Ceiba, Mosquitia)

Honduras, with its location in northern Central America, is proving to act as a crucial “melting pot” for biodiversity, much like the phenomena observed in the Darien Gap between Panama and Colombia. However, one realizes that harboring high biodiversity levels or endangered species does not guarantee wildlife protection. As seen elsewhere in developing countries, population increase and other factors continue to exert undue pressures on its dwindling protected areas and diminishing wildlife populations. Even as mankind struggles to cope with Covid, individuals and institutions continue to strive to make headway in conservation, looking for innovative and sustainable solutions toward wildlife and habitat protection.

Many would agree that the key to the future of conservation across the world is by educating today’s youth. This all sounds fine and easy, but

implementing effective programs and measuring its results is a whole different story. Effectuating projects in developing countries can be especially challenging where poverty levels can be high, entire governments can be corrupt and where environmental education or species preservation are rarely a priority. Individuals or conservation non-profits wishing to launch programs under these conditions can be dismayed from the onset. However, despite all of these conditions, there are success stories to be told. **Cramer's Metalmark** (Menarder pretus)



Robert Gallardo arrived in Honduras in 1993 as a U.S. Peace Corps Volunteer where he initially worked in a national park then subsequently with the establishment of the country's first butterfly farm. Soon after his service he returned to Honduras to try and earn a living in nature tourism and conservation. He eventually went on to learn about the country's birdlife, becoming a self-taught expert through observation and by recording their song. He was able to document a total of forty country records and then decided to do a book. In those days he had to tote up to four bird books from adjacent countries in order to identify all the birds of Honduras. Although he attempted to get a publisher to work with him on the project, none were interested in Honduras. This was not a deterrent, as he found creative ways to fundraise over \$100,000 to see this

project come to fruition. He teamed up with the **Missouri Conservation Heritage Foundation** in the U.S. who played an instrumental role in helping with this project.

Bird watching began to take on a whole new face in Honduras and the book was instrumental in this change. Twelve grassroots bird watching groups sprung up, an ornithological association was formed, professional bird watching guides were trained by Robert in formal courses and high-ranking politicians (including the President) started talking about birds. Avitourism, the business aspect of bird watching, was putting Honduras on the world map as a viable and attractive destination. The Institute of Tourism was beginning to have stands at international bird watching fairs and more outbound operators were offering packages to Honduras.

More importantly, however, was the impact of the **subsequent publication of a Spanish edition**. More often than not, these types of books are *not* published in a country's native language because in an economic sense there is virtually no return on the publisher's investment. So, how can the citizens of a country be asked or expected to conserve their natural heritage if they do not even have access to that information in their own language in the first place? Seems like a fair question, one that should be addressed on an international scale.

Robert is currently repeating this process by undertaking a third book project; ***Guide to the Butterflies of Honduras***. He and his partner, Olivia, have been working diligently, inventorying the incredible diversity that the country possesses. Since so little was known about its butterflies they have been able to add three-hundred species to the country list as

well as discover three undescribed species (all are in the process of being formally described). They have been receiving technical assistance from numerous international institutions and other experts in order to undertake this project. It is an ambitious goal as it will be the first book in the region to treat a single country, featuring all known species contained within all six families of butterflies. All the while utilizing only photos and specimens originating from Honduras.

The IUCN chapter in Honduras has financed some of Robert and Olivia's field work in area where they are currently operating a conservation project, but for the most part the book project is not receiving institutional support. The goal is to publish the book with their Pro Nature Honduras Foundation by June of 2021 and is currently seeking funding sources. In order to do this they must raise an additional \$20,000. If you would like to make a charitable donation toward the butterfly book project this can be done directly through the Missouri Conservation Heritage Foundation.

Donations can be made directly online at:

<https://mochf.org/donate-online/>
Once inside their website look for "Designation: Wherever most needed." Where there is a little downward pointed arrow there is a list of projects and there you will find "Butterflies of Honduras." You can also send a check to: P.O. Box 366, Jefferson City, Missouri, 65102-0366

RECIPIENT AMIGOS GRANT: CENTRO SAN YVES Anthony Ives (La Ceiba, 2003-5) Centro San Yves is a nutrition center for malnourished youth. Located in Yoro, Yoro, the center currently has a residence, and a small nutrition clinic. El Centro

San Yves currently is home to 15 boys and girls ages 3 months to 15 years old along with 10 adults that provide 24 hour/7 day a week care. Leadership hopes to expand the project but currently do not have the resources.

Amigos de Honduras was approached in November 2020 to assist with a water sustainability project. As many of you know, there were two hurricanes recently in Honduras. The center never had a consistent source of water for basic needs such as bathing or cooking. During this difficult hurricane season over a period of 55 days, they would request water from the local fire department. The bomberos would go to the river, grab water and then bring it to the clinic. This was done every three days. It was very inconsistent. For anyone living in Honduras, it is always a difficult situation. For the orphanage the need became dire.



The project was proposed and approved by the grants committee. Funds were wired December 14, 2020. Construction began immediately. Members of the community assisted with the project including the fire department. A large tank was purchased along with PCV piping, water collection for the

gutters that line the roofs of the center, a pump for water to flow up to the tank and back to the center, as well as materials for the concrete structure that holds the tank. Through Zoom, I was lucky enough to see the finished project. We hope to have this recording available to the members of Amigos. Truly this was a wonderful project that will have a sustainable, positive affect on the community, and has already had an immediate effect on the lives of the boys and girls living there.

Editor Note: Here is part of the original grant proposal. Remember the Amigos website has copies of the Grant Application form: 2.Name of Organization a. San Yves b. <https://www.sanyves.org/> c. <https://www.facebook.com/CentroSanYves/> d. @centrosanyves 4. Contact a. Patrick Mulligan b.patrick.mulligan95@gmail.com

6. Description of Project a. Potable water is increasingly an issue in Yoro. The river that runs through town is drying up year-by-year and water shut offs have grown more frequent. Rain isn't necessarily a help either, as there is no filtration system and the water coming out of the faucets quickly turns to "chocolate" as dirt gets kicked up in the river. Passing two to four days without running water is commonplace but can last weeks from time to time. Oftentimes, we rely on the fire department to bring water when we run out, though what they bring is often sucked out of the river and arrives very dirty. Ensuring a clean and safe environment for the children is a top priority as their malnutrition makes them highly susceptible to infection. Regularly bathing and cleaning clothes, dishes, floors, beds etc. costs a large amount of water (around 250 gallons per day). Additionally, we maintain a

garden that requires irrigation during the dry season. b. From assistance in the local Yoro community, we have installed an underground water cistern and pump and have received a 600 gallon plastic water storage tank. To pump the water from the cistern requires electricity, something that regularly gets shut off here. Our plan is to build a small platform for the storage tank, which would allow us to fill it at any time from the cistern and when both power and water are cut off, the tank would still work as gravity would carry the water throughout the facility. Additionally, we will install water gutters around the building to deposit in the cistern in order to utilize any rainwater that does fall. c. **The goal of this project is to ensure that the nutrition center no longer has issues with access to running water.**



NEWS OF PCVS AND HONDURAS Compiled by Loren Hintz

Tony Ives writes Dear Amigos, I must tell a story of serendipity. I belong to a Facebook group, PCV Honduras. I am a passive member meaning I am not really involved. However, I do read the posts. None

of my Hondo 2 group I ever see. Last week, I saw a post from someone in NYC. His name was Rob. He spoke about a drum that he recently purchased and they guy from whom he purchased it. That person was from **Sambo Creek** outside of La Ceiba. It immediately caught my attention as I like to think that I knew everyone in Sambo at one point in time. So I reached out to Rob.

He texted me back and one thing lead to another. His friend in Brooklyn came from Sambo Creek and he was the brother of my friend, Luis Enrique. Luis Enrique Garcia Gonzalez was the youngest mayor ever in Honduras at 21 years old. He had a vision and a mission. At the time, 2006, USAID was promoting sustainable development projects along the north coast of Honduras. I was fortunate enough to be involved in the implementation. Through the World Wildlife Fund, our organization received funding to develop businesses within and around the marine protected area of Cayos Cochinos. Luis Enrique was one of the beneficiaries. He wanted to build a taller (an artist shop) to not only attract tourist, but to build drums and other Garifuna related artisan instruments. He also wanted to teach others, especially youth how to construct them while passing on the culture to the younger generation. He received a grant from WWF. I remember he came to my house and we sat down and wrote the grant together. I will never forget it.

Luis Enrique in 2016 was forced to leave Honduras due to the violence in Honduras. He was shot at nine times outside of La Ceiba one night.

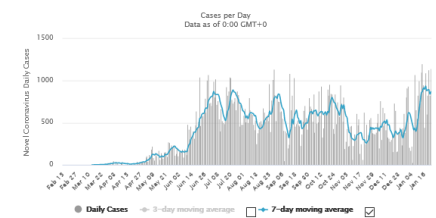
Fortunately, he survived with only two bullet wounds. He stayed in the hospital for two nights, sequestered without contact from his family. He left for Mexico after leaving the hospital without returning to Sambo Creek or his family. This is the way of politics and corruption in Honduras. He made it to the U.S. and is a legal resident here.

Finding Luis Enrique again is a blessing, for both of us. He wants to be involved. I told him that he doesn't need to be there to be able to contribute to the pueblo. He laments not being able to be home. I told him there are other ways to do still be an integral part of el Pueblo Hondureño. We are working on this. I told him about Amigos de Honduras and also about other efforts by large NGOs and the forthcoming projects through USAID. I believe that we can leverage our efforts via the upcoming projects that are coming to Honduras to make a real difference.

La Prensa y Proceso digital 1.21.21

While other Central American nations such as Costa Rica already received their first **Covid vaccinations**, none have arrived in Honduras. Their earliest arrival is in March and the Economist magazine estimated Honduras would not reach the critical 70% vaccination rate until 2023. The first free vaccines against COVID-19, from the Covax initiative, will arrive in Honduras in March, announced today the deputy director of the Pan American Health Organization (PAHO), Jarbas Barbosa Da Silva. The country is guaranteed access to the vaccine for 20 percent of the population as a donation from the Covax initiative, and a purchase through revolving funds for another 20 percent, representing more of 8 million doses

of vaccines, plus 1.4 million vaccines from the Honduran Social Security Institute (IHSS). All this adds up to 9.4 million vaccines, doses that will ensure that 81 percent of the eligible population is vaccinated. Honduras received on January 6, 2021, a communication from the Covax initiative to have access to a limited quantity of Pfizer's vaccine to protect health personnel who are on the front lines of the battle against COVID-19. Of these vaccines there will be 24,762 doses of Pfizer. Barbosa Da Silva stressed that in the process of assigning vaccines, priority should be given to people at risk, such as the elderly, with underlying diseases and first-line health personnel. "Honduras has a vaccination plan for its application," he stressed. He insisted on the need to reinforce biosecurity measures, such as the use of a mask, hand washing and social distancing. The Covid vaccines cost \$2.19 to \$44 per dose. Most of the vaccines that Honduras will receive are the cheaper AstraZeneca type.



According to **Worldometer 1.23.21** there have been 139182 cases and 3439 deaths. Currently there are about 1000 cases and 20 deaths daily.

Joe Townsend Biodiversidad de Honduras 11.15.20

Endemic herp fauna of Sierra Lenca: In the last two years we have discovered three new endemic amphibian species of the Sierra Lenca in Honduras, and in each case we gave the new species names that were culturally relevant to the indigenous inhabitants of the region. The first of these endemic

species was published in early 2018. Its scientific name and the common name in Spanish is the same: **Rana lenca** (**Lenca Leopard Frog**) Also named were the Atlantihyla melissa tree frog with a distribution limited to the highland rainforest within the RVS Texiguat; the Lenca sheep frog (*Hypopachus guancasco*) and the **COPINH** salamander (*Bolitoglossa copinhorum*), both with distributions limited to the cloud forests of Intibuca and La Paz. We look forward to finding new Honduran amphibians and reptiles in 2021, more discoveries on the way!



Christian Monitor.12.14.20 When Dr. Maria Milla saw exodus of families fleeing Hurricane Eta she asked a principal of a closed elementary school in SPS for the keys so she could let them in. Many feel the government response has been very weak and people are depending on each other for help. Lester Ramírez director of a governance and transparency association says **“Solo el pueblo salva al pueblo.”** Hondurans see each other as the only answer to their problems right now. Estimated lost from Eta is 10 to 20% GDP or \$5billion with Iota adding much more. One positive result of Mitch is the diaspora in the US who recognize the urgency of these disasters. Lucas Barrios a former diplomat now disc jockey living in Louisiana is

organizing a shipping container to be received by a Catholic bishop in La Ceiba. Although it's inspiring to see the unity of Honduras at home and abroad, what is happening is a direct result of the loss of faith in the government over the past decade.



Reuters. 1.21-24.21 For the past 10 years caravans of people fleeing Honduras, El Salvador and Guatemala have headed to the US border. Fr. Hinde (who died last November) of Ciudad Juarez shared the struggles of migrants living on the Mexican side of the border waiting for their asylum cases to be heard. The most recent Caravan left from SPS to Guatemala two weeks ago. Some said they were leaving because they thought Biden was encouraging them to come. They thought his ban for 100 days against deportation and his new immigration policy meant they could come to the US. (It doesn't). Others were desperate because of the catastrophe of Hurricane Eta and Iota, effects of coronavirus on the economy and the corruption of the Hernandez government. Both the Mexican and Guatemalan governments have continued their hard line policies of turning back migrants because of their perceived threat of spreading coronavirus, migration agreements with the US and enforcement of new immigration policies. The most recent caravan of about 8000 people was stopped by Guatemalan security forces. Hondurans were returned to the border and reentered Honduras.

Returned Honduran migrants are directing anger against their president this week after their U.S.-bound caravan was blocked by the region's security forces, accusing him of making their county unlivable while thwarting their escape to a better life. Among them was 18-year-old Isaac Portillo, who said he felt so desperate upon his forced return to Honduras that he contemplated suicide. Like other returned migrants, Portillo's despair quickly turned to anger. He plans to join a march on the capital Tegucigalpa on Friday – only one week after he tried to flee his shattered country.

INTERESANTES PARADOJAS QUE HA TRAIIDO LA PANDEMIA Y EL CONFINAMIENTO desde Doris Chavez:

El aire es puro*, pero hay que salir y respirar con máscaras; **Las** carreteras están vacías*, pero es imposible hacer un viaje largo; **Las** personas tienen las manos limpias*, pero hay una prohibición de estrechar las manos; **Los** amigos tienen tiempo para sentarse juntos*, pero no pueden juntarse; **Has** descubierto un cocinero dentro de ti*, pero no puedes llamar a nadie para demostrárselo; **Todos** los lunes*, el corazón anhela ir a la oficina, pero el fin de semana parece no terminar; **Los** que tienen dinero*, no tienen forma de gastarlo; **Los** que no tienen dinero*, no tienen forma de ganarlo; **Hay** suficiente tiempo disponible*, pero no puedes cumplir tus sueños; **El** culpable está por todas partes*, pero no se le puede ver; **Si** alguien deja este mundo*, no puede ser despedido; **La** vida es una sorpresa de antídotos*, por eso recuerda, vive con amor y responsabilidad cada día que tengas, disfruta las cosas pequeñas, agradece, **ama y respeta a los tuyos.**

Amigos de Honduras Membership Info

Use this form to renew membership or notify us of a change in address. Or, copy and give to a friend who you think might like to keep in touch with Honduras and RPCVs. Other than your name, enter only the info that has changed.

Name(s) _____

Address _____

City _____

State _____ ZIP _____

Phone: _____ e-mail address _____

Peace Corps Info:

Years of service: from _____ to _____ Group # _____ Site(s) _____

Job _____

Post-Peace Corps Experiences (occupation, marriage, children, travels, interests) _____

Make check payable to Amigos de Honduras: NEW ADDRESS Mail to Anthony Ives P.O. Box 46605, Seattle, WA 98126. 2/21

Amigos de Honduras : \$15

NPCA Supporter (Basic FREE): \$50

Amigos, NPCA & another group: \$30
name of other group _____

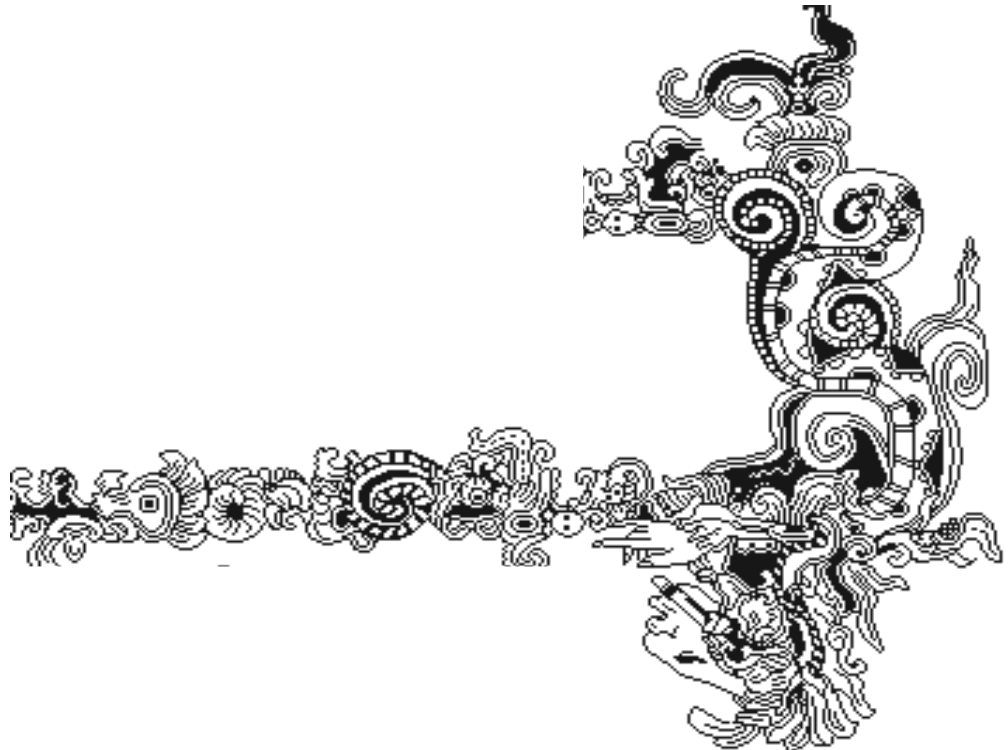
5 year membership Amigos: \$50 _____

Contribution to projects Amigos will fund in Honduras: \$ _____

Total Amount Enclosed: _____

I would prefer to receive my newsletter in .pdf format.

Aviso: the date on the mailing label is the expiration date of your membership - please renew if you're due!



Amigos de Honduras
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